


# Riverside Meadows Intermediate School

## February, 2017

### Breakfast

		1	2	3
		Waffle	Breakfast Pizza	French Toast
		Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
		Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
6	7	8	9	10
Whole Grain Doughnut	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
13	14	15	16	17
HOLIDAY	Sausage Breakfast Sandwich	Waffle	Breakfast Pizza	French Toast
Lincoln's Birthday	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
HOLIDAY	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
20	21	22	23	24
HOLIDAY	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
President's Day	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
HOLIDAY	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
27	28			
Sausage Breakfast Sandwich	Bagelful			
Cereal and Cheese Stick	Cereal and Cheese Stick			
Bagel and Cream Cheese	Bagel and Cream Cheese			


Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

**Menu Subject To Change Without Notice**

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Lunch

		1	2	3
		Popcorn Chicken	Teriyaki Chicken and Rice	Spaghetti with Meat Sauce and Garlic Bread
		Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Spaghetti with Red Sauce and Cheesy Breadstick
		Potato Wedges	Roasted Carrots	Roasted Broccoli
6	7	8	9	10
Mac N Cheese and Corn Bread	Beef Crunchy Tacos	Mini Corn Dogs	Hamburger	Pepperoni Galaxy Personal Pizza
Ultra Bean and Cheese Burrito	Cheese Quesadilla	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Cheese Galaxy Personal Pizza
Roasted Broccoli	Smooth Refried Beans	Seasoned Curly Fries	Potato Wedges	Steamed Carrots
13	14	15	16	17
HOLIDAY	Nacho Pack	Chicken Strips	Mandarin Chicken and Rice	Chicken Alfredo Pasta with Garlic Bread
Lincoln's Birthday	Ultra Bean and Cheese Burrito	Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Alfredo Pasta with Cheesy Breadstick
HOLIDAY	Zesty Pinto Beans	Corn Cob	Roasted Broccoli	Hot Peas
20	21	22	23	24
HOLIDAY	Pretzel Bites with Cheese Dip	Jumbo Corn Dog	BBQ Rib Sandwich	Primo Pepperoni Pizza Slice
President's Day	Ultra Bean and Cheese Burrito	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Primo Cheese Pizza Slice
HOLIDAY	Steamed Green Beans	Roasted Sweet Potatoes	Roasted Corn	Steamed Carrots
		28		
Fiesta Nada (Taco Pocket)	Chicken Taquitos			
Cheese Enchiladas	Ultra Bean and Cheese Burrito			
Black Beans	Salsa Cup			

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